

Table of the difficulty level for bike tours

Technical difficulty level:

Easy:	Easy to ride, without major technical difficulties. Well compacted terrain.
Middle:	Rolling tracks, with technical sections. Roots, water spillways, stones, sharp bends. The terrain is generally compact. Ascents and descents.
Demanding:	Technically demanding with steps, landings, stairs, serpentine. Exposed areas. Scattered unstable terrain.
Difficult:	Difficult tour with many uneven sections. Partly in unstable terrain. Exposed places, narrow serpentines, tight and difficult paths. Possibility of having to push longer on some sections.