

Check list equipment

- Freeride skis (binding adjusted)
- Ski boots
- Freeride or telescopic poles
- Warm and waterproof skiing clothes
- Warm gloves
- Helmet
- Goggles or sun glasses, lips protection, sun cream block
- Valid ski pass
- Backpack (airbag)
- Shovel, probe and avalanche transceiver
- Harness (if necessary)
- Warm hat
- Something to drink
- Energy bar

If you do not have your own ski equipment, you can also rent the whole material in a sports shop in Zermatt:

https://www.zermatt.ch/en/content/search?SearchText=Sport+shops

