

## **Check list equipment**

- Cross country ski (skating or classic)
- Cross country boots
- Cross country poles
- Warm and waterproof clothes
- Gloves
- Hat or headband
- Sun glasses, lips protection, sun cream block
- Valid train ticket to Täsch
- Small backpack
- Drink
- Snack

The rental equipment is not included in the cost.

However, we will reserve the equipment for you

