

Check list equipment

- Touring skis with touring bindings (binding adjusted)
- Touring ski-boots
- Telescopic poles
- Warm and waterproof skiing clothes
- Warm gloves
- Helmet
- Hat
- Goggles or sunglasses, lips protection, sun cream block
- Valid ski pass
- Backpack (skis must be able to be tied on)
- Shovel, probe and avalanche transceiver
- Skins and ski crampons
- Drink
- Packed lunch (high energy foods such as chocolate, dried fruit etc.)
- Harness
- Crampons (for the Breithorn and Pollux)

If you do not have your own ski equipment, you can also rent the whole equipment in a sports shop in Zermatt:

https://www.zermatt.ch/en/content/search?SearchText=Sport+shops

