

ZERMATTERS®

OUTDOOR EXPERIENCE
SINCE 1888

Checklist mandatory technical equipment

- Crampon compatible mountain shoes with a rigid Vibram sole
- Harness
- Crampons
- Ice Axe
- Helmet
- Backpack, ca 30 liters
- Warm and weatherproof clothes
- Finger gloves (evt. spare pair)
- Hat / Headband
- Headlamp
- Sunglasses and sun screen block
- Few but energetically snacks
- Thermos bottle or bottle (hot tea is available in the huts)
- Change of clothes
- Ski or hiking poles with « plates »
- Inner sleeping bag (liner) Mandatory

If you don't have all the equipment, you can rent it in one of the sports shops in Zermatt.

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|-------------------|----------------------|--------------|----------------------|
| • Yosemite | Bahnhofstrasse 20 | 3920 Zermatt | +41 (0)27 968 17 77 |
| • Salewa | Bahnhofstrasse 28 | 3920 Zermatt | +41 (0)27 967 30 73 |
| • Matterhornsport | Bahnhofstrasse 78 | 3920 Zermatt | +41 (0)27 967 29 56 |
| • Glacier Sport | Bahnhofstrasse 19 | 3920 Zermatt | +41 (0) 27 968 13 00 |
| • Dorsaz Sport | Schlumattstrasse 121 | 3920 Zermatt | +41 (0)27 966 38 10 |

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